

Factsheet No 12

Mental Health Services for Children and Young People in Brent

Mental health services in Brent are available for children and young people with mental health needs up to the age 18. The level of service provided depends on the child's mental health needs. Support is also available for the child's family. This includes services in primary care (GPs and general counselling), secondary care (specialist), tertiary care (hospital), and self-help groups and mental health charities. (See also Factsheet No. 11 on Mental Health Services for Adults in Brent).

Community Child and Adolescent Mental Health Services (CAMHS)

Community Child and Adolescent Mental Health Services work with children and young people up to the age of 18 and their families. The type of difficulties dealt with may include: complex emotional and behavioural problems; anxiety and depression; psychosis and eating disorders; family relationship issues and parenting; hyperactivity or poor concentration (ADHD); autistic spectrum disorder (ASD); sleeping or toileting problems and school refusal. The team also work with teachers and schools.

Eligibility criteria and referrals: Referrals are accepted primarily from health services such as GPs and paediatrics. Some services also accept referrals from education or social services. Self-referrals are also considered by each team.

Mental Health Services for Children and Young People

(some services are based outside Brent in neighbouring boroughs)

Behaviour and Family Support Team (BFST)

Address: Isaac Newton Centre for Professional Development,
108a Lancaster Road, Kensington and Chelsea, London, W11 1QS

Tel: 020 7598 4911

Web: www.cnwl.nhs.uk/service/behaviour-and-family-support-team-bfst/

Bell House

Address: 145 High Road, Willesden, London, NW10 2SJ

Tel: 020 8208 5600

Web: www.cnwl.nhs.uk/service/bell-house/

Brent Adolescent Team and Brent Child and Family Clinic

Address: Warrantly House, Dudden Hill Lane, London, NW10 1DD

Tel: 020 8208 7201

Web: www.cnwl.nhs.uk/service/brent-child-and-family-clinic/
www.cnwl.nhs.uk/service/brent-adolescent-team/

Cheyne Child Development Centre

Address: Chelsea & Westminster Hospital,
369 Fulham Road, London, SW10 9NH

Web: www.cnwl.nhs.uk/service/cheyne-child-development-centre/

St Mary's Department of Child and Adolescent Psychiatry

The service is for children and adolescents with emotional, behavioural and/or psychosomatic problems. It provides psychiatric assessment, psychological treatments, including individual and family therapies and cognitive behavioural therapy. Staff include qualified psychiatrists, psychologists, social workers, child psychotherapists - family therapists and clinical nurses.

How to refer: Self-referrals must be accompanied by a letter from your GP

Address: 17 Paddington Green, Marylebone, W2 1LQ

Tel: 0207 723 1081

Web:

www.cnwl.nhs.uk/service/st-marys-department-of-child-and-adolescent-psychiatry/

Mental Health Charities for Children

Brent Centre for Young People

The Brent Centre for Young People offers a service for young people aged between 14-21+ and their families/ carers in and around Brent. The Centre provides mental health, drug and alcohol and practical support services including one to one counselling and psychotherapy for young people, family work and group work. The centre also engages with young people through various outreach projects in Brent secondary schools and the Youth Offending Team.

How to refer: Self referral via telephone or email. The Centre also accepts referrals from families, GPs and other health professionals, schools or college.

Address: Laufer House, 51 Winchester Avenue, Brent, London, NW6 7TT

Tel: 0207 328 0918

Web: www.brentcentre.org.uk

Email: clinicaladmin@brentcentre.org.uk

Brent Family Support Project

Brent Family Support Project is for the whole family, including the elderly, with particular emphasis on the child and young single parent. The Project offers services that include: befriending, budgeting, counselling, home, hospital, B&B & prison visits, basic maths and English. Appointments are held on Wednesday only.

How to refer: telephone Open: Tuesday -Friday, 10am-5pm

Address: 34 Craven Park, Harlesden, NW10 8QN

Tel: 0208 965 5480

Web: www.bfsproject.org.uk

Email: info@bfsproject.org.uk

Brent Mind

Brent Mind offers peer mentoring for young people with mental health needs in primary care in Brent. The aim of the programme is to provide them with illness and relapse prevention skills and reduce social isolation to improve life chances.

Address: Hampton House, 1b Dyne Road, London, NW6 7XG

Tel: 020 7604 5177

Web: www.brentmind.org.uk/our-projects/mind-map/

Email: info@brentmind.org.uk

Young Minds

Young Minds is a UK charity committed to improving the emotional wellbeing and mental health of children and young people. They aim to campaign, research and influence policy and practice about issues related to children's mental health.

They also provide expert knowledge to professionals, parents and carers through their Parents' Helpline, together with online resources, training and development, outreach work and publications.

Tel General enquiries: 020 7089 5050

Parents' Helpline: 0808 802 5544 Monday to Friday 9.30am-4pm
(free for mobiles and landlines).

Web: www.youngminds.org.uk

Email: ymentquiries@youngminds.org.uk

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Researched and prepared by Amani Fairak, a Healthwatch Brent Volunteer

Please contact enquiries@healthwatchbrent.org.uk with any feedback.