

JOIN US AT THE COMMUNITY HUB AT CENTRAL MIDDLESEX HOSPITAL



A community hub will be running at Central Middlesex Hospital (CMH) in February and March 2018.

The hub offers a range of activities, support and advice for patients and their family and friends, visitors to the hospital, staff and local people.

This includes:

- Health and wellbeing information and advice
- Children and families information, advice and activities
- Art, culture and activities
- General support and advice
- A place to meet others, have a cup of tea and a chat

When and where

Tue 27 Feb 10am-3.30pm
Wed 28 Feb 10am-3.30pm
Thu 1 Mar 10am-3.30pm
Fri 2 Mar 10am-12noon

Tue 27 Mar 10am-3.30pm
Wed 28 Mar 10am-3.30pm
Thu 29 Mar 10am-3.30pm



www.brent.gov.uk/your-community/community-hub-CMH/